



## MY JOURNEY THROUGH OPENINGS

## Peter C

I decided to do Openings after attending an Openings Talk Experience presented by Adam Davis of The All One Foundation. I had previously had some contact with people who had done Openings, and also received several Light Healing sessions with an All One Foundation trained Healer through which I experienced a sense of deep peace and natural wonder. At the talk I experienced something new again – something beyond which I had previously 'known'. Put simply, I experienced neutral Love – a Love that I simply was, that I became totally – at One, a clear, light and balanced Being.

I recognised truth in what Openings was – a rightness that was internal, so that I simply knew. Openings was about accessing my spiritual self – who I truly am – which was, ultimately, what I was looking for.

So I decided to go on to do the Openings retreat — with excitement, wonder and intuitive affirmation at what I was choosing to embark upon. I also experienced some personal struggle and confusion making the decision, yet held to my subtle intuitive sense of what was really right for me.

Then followed further powerful spiritual experiences of Self in relation to Openings – experiences of Universal Love, equanimity, joy, compassion, freedom, and unity. Looking back from now, I see that Openings really marked a new beginning for me in my ongoing journey of personal transformation. Six years after doing the retreat, I continue to expand with Openings and integrate this spiritual awareness in my everyday life.

Through my ongoing use of the spiritual abilities I gained from Openings, I am supported in my continuing growth in all areas of my life. This includes increased and abiding creativity; spiritual-sensual connectedness to nature; clarity and harmony in personal relationships; intuition about life direction and with decision-making; awareness of meaning, purpose and spiritual guidance in my life; knowing my own truth and being free from outside influence; positive acceptance of different aspects of myself and others; taking personal responsibility for, and balancing and mastering of, my physical, mental and emotional process, and experiencing beyond this into the Loving consciousness of my spiritual Being.

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